

# TECHNICAL DATA SHEET

## SF105 FLOW TRAINER

**ACTIVE PERFORMANCE  
KNITMESH UPPER**

**PROTECTIVE  
STEEL TOE CAP**

**PROTECTIVE  
METAL-FREE MIDSOLE**



**INCLUDES WOVEN  
SUSTAINABLE BAG**

### DESCRIPTION

Blackrock's Flow Safety Trainer is a modern style that is ideal for a wide and varied range of industries. Featuring a Active Performance Knit mesh upper, it has steel toe cap protection and a lightweight, metal-free penetration resistant midsole. The hardwearing, dual density PU sole is shock absorbent, anti-slip and fuel oil resistant.

### SIZES

UK 3-13

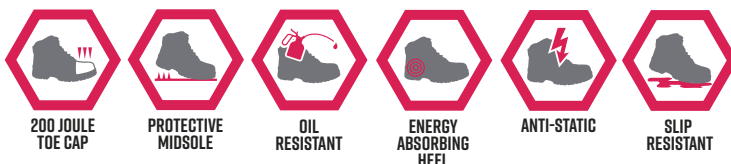
### STANDARDS

EN20345:2022  
S1PL FO SR

### KEY FEATURES

- Active Performance Knit mesh upper
- Steel toe cap and protective metal-free midsole
- Dual density shock absorbent, anti-slip, anti-static and fuel oil resistant PU sole
- Energy absorbing heel reduces foot fatigue

### FEATURE ICONS



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## MATERIALS

- Active Performance Knit mesh upper
- PU/PU sole
- Steel toe cap
- Composite midsole

## TYPICAL INDUSTRIES

- Automotive
- Transport
- Warehousing

## CERTIFICATION/MARKINGS



EN ISO 20345:2022 is an internationally recognised standard which specifies requirements for safety footwear. Any product which references an EN standard must have the relevant certification attributed to the product code found on the product.

The product standard can be found on the tongue label and should match that stated on the certification. The standard is usually a group of numbers and letters, for example S3L HRO SR. These letters and numbers denote the characteristics that make up the footwear you are buying which include properties such as protective toe cap, water-resistant uppers, protective midsole, fuel oil resistance, anti-static, heat resistance and slip resistance.

Users are advised to select the required class of performance based on the risk assessment of the location and/or task as appropriate.

## PRODUCT DETAILS

| CODE    | SIZE | COLOUR | BARCODES      | PACKAGING                                                                          |
|---------|------|--------|---------------|------------------------------------------------------------------------------------|
| SF10503 | 3    | Black  | 5019200327782 | Each pair individually bagged<br>Purchase multiple: 1<br>Outer carton quantity: 12 |
| SF10504 | 4    | Black  | 5019200327799 |                                                                                    |
| SF10505 | 5    | Black  | 5019200327805 |                                                                                    |
| SF10506 | 6    | Black  | 5019200327812 |                                                                                    |
| SF10507 | 7    | Black  | 5019200327829 |                                                                                    |
| SF10508 | 8    | Black  | 1019200327836 |                                                                                    |
| SF10509 | 9    | Black  | 5019200327843 |                                                                                    |
| SF10510 | 10   | Black  | 5019200327850 |                                                                                    |
| SF10511 | 11   | Black  | 5019200327867 |                                                                                    |
| SF10512 | 12   | Black  | 5019200327874 |                                                                                    |
| SF10513 | 13   | Black  | 5019200327881 |                                                                                    |